

Preparing Yourself for Your Child's Procedure

The staff at Cincinnati Children's Hospital Medical Center understands that planning for your child's procedure can be a stressful process.

Guidelines to Help You Get Ready for Your Child's Procedure

Here some guidelines to help prepare yourself for your child's procedure:

- Become informed. Write down and ask your surgeon questions about:
 - Your child's condition
 - The procedure and its risks
 - Care after the procedure
 - Side effects of medicine or treatment.
- Take care of yourself by exercising, eating well and getting enough sleep. Be sure to eat on the day of surgery.
- Talk with family and friends, members of a support group or your spiritual leader.
- Attend the [preoperative program](#) at Cincinnati Children's to learn about what will happen on the day of you child's procedure.

Take a Video Tour of Same Day Surgery

Before you and your child come to Cincinnati Children's for surgery, take a [virtual tour of same day surgery](#) at the hospital. (9 minutes)



Preparing Your Child for Surgery

Getting Ready for Your Child's Procedure

The staff at Cincinnati Children's Hospital Medical Center has prepared some helpful information and [checklists](#) for patients and families as they prepare for surgery.

A nurse will attempt to contact you by telephone within two business days before the operation and will:

- Confirm the time and location of the procedure. Your child's procedure time may have changed since your office visit. We perform surgery at two locations: our [Burnet Campus](#) and [Liberty Campus](#).
- Review [eating and drinking instructions](#).
- Ask about your child's health, medications and if he / she has been around other children who are sick.

Contact the Colorectal Center at Cincinnati Children's

For more information or to request an appointment for the Colorectal Center at Cincinnati Children's Hospital Medical Center, please [contact us](#).